

Atty. Kathleen Kane's Disability Checklist

- **File completed form**
with your local Social Security office. Always complete forms in full and keep back-up copies in a safe place.
- **Call regarding state disability funds**
- **Request a letter of support**
after first denial of benefits
- **Make an appointment**
with your personal physician, advise of filing
- **Compile support information**
– web pages, letters, research
- **See a doctor**
who specializes in your disability for additional support.
- **Gather copies of all your medical records**
to keep in a folder
- **Talk to people**
within your area who have been approved.
- **Speak with a disability attorney**
immediately who has several years of experience if you are denied for the first time.
- **Make sure the attorney has all information,**
including medial records.
- **MOST IMPORTANT: Keep a daily health journal**
listing all of your symptoms, appointments, results, INRs, notes, etc.